

Respectfully acknowledging the traditional owners, past and present, of the land we are on

Special Term 2 Edition 18 June 2024

The Ipswich Flexi Flyer Artwork: Debbie Yuluwiree' Scott (2017) Meeting Place

From the Freney Filess

The end of semester is a natural time of reflection. Looking back on the last 20 weeks of school, there are two certainties that I see; one is how quickly this semester has flown by, and two, that change is inevitable and with persistence and determination that change leads to growth. The first semester of 2024 has been filled with the usual challenges and celebrations. There are the coming and goings of staff, young people and their families along with the multiple opportunities to show the work that is being achieved by our young people.

The secret of change is to focus all of your energy, not on fighting the old, but on building the new.

Surates

One of the biggest challenges faced by Ipswich Flexi this year is retaining, recruiting, and developing our staff. The teacher shortage across the state and country has meant that we as a learning community have needed to be creative around how we continue to deliver a high standard of curriculum, both in learning areas and in wellbeing. I am enormously proud of the staff we have and their continued commitment to the young people. They have been innovative, welcoming, professional, and empowered to support, encourage and develop each other. They have stepped up and leaned in with good humour and with a mindset of being solution focussed.

We have had a number of staff leave and new staff joining us. Timothy Hill was seconded to an Associate Head of Campus role at Hemmant Flexi, which created a space for Jasmine Sinclair to step into a Middle Leader role. Natalie Royles has then stepped into the Lockyer Junior learning group to replace Jasmine. Timothy's departure also meant that there was a space in the senior Jacaranda learning group that was so gracious filled by Amanda Verhoeven. Amanda has since been successful in being offered a leadership position with a school in Gladstone, so will be moving on during this holiday break.

Megan Juran has been seconded to The Centre Education Programme in Logan, and that team has expressed their gratitude for her wisdom and experience. We welcomed Ella Chubb as a new youth worker to the Waterford Learning space.

Ipswich Flexi is currently recruiting for new teachers and youth workers, and I am very pleased to say that the pool of candidates is very good. It will be nice to announce new staff at the beginning of Term 3.

As many of you know that I have been Acting as the Head of Campus for the last 6 months, providing continuity and stability to the team while a permanent Head of Campus was recruited. I am very pleased to announce that after a very vigorous and comprehensive recruitment processes over the last six months, a new Head of Campus has been found. Moana-Maree Duncan will start on Monday 8 July, the first day of Term 3. I will be staying at Ipswich Flexi for a number of weeks to ensure that Moana's introduction to the role is comprehensive and to be as supportive as possible. I am sure that you will all make her feel very welcome in our Flexi Community.

It is very satisfying to get to the end of Term 2 and be able to list the many accomplishments achieved by the staff and young people at Ipswich Flexi. I would like to start by congratulating the Head of Campus interviewing youth panel, Mikayla, Clayton, Ebony, Raine and Jace for their part in the recruitment of the HOC. Their questions were thoughtful and insightful, and their voices were loud and clear, and we firmly believe in upholding our Principle of Common Ground - our young people deserve to voice their opinion in who they want leading our school.



This semester we embarked on an ambitious project to be involved in more whole school art pieces to display those around the campus. The Term 1 project "Raining Principles" is on display outside of the Xavier classroom. Each staff member and young person was encouraged to illustrate what the 4 principles meant to them. This installation has colour, movement, and vibrancy to match the energy and positivity of Ipswich Flexi.

In Term 2 the staff and learning groups chose a principle to showcase. These have been hung in the quad. Each principle is uniquely different and eye catching. If you are on site, please engage in a conversation with the young people so they can explain the meaning behind the techniques used in each sign.

Another very successful event with the inaugural Career's Expo. This took place Friday 14 June and we are all still on a high from how successful the day was. It was wonderful for stall holders to come to us. Their feedback given to staff was extremely positive, stating that the questions and enquires from our young people were of a high standard, and the level of respect they were shown by young people was outstanding. We also welcomed young people from Centre Education, Albert Park and Inala Flexi's. A highlight was the inclusion of the young people from Ipswich Special School. It felt great to have our neighbours join us on such an important occasion. Our young people were truly outstanding on the day, they were inclusive, respectful and our Staff were extremely proud of how they showcased our community representing themselves with such integrity.

These are but a few of the successes that we have had this semester, and all were possible by the hard work of the staff and young people on site.

I will be having a break to recharge over this holiday period. I look forward to seeing you all next semester, if only for a few weeks. We will see you all back on Monday 8 July. Have a wonderful and safe holiday break.

Stay well, stay true to you.

Peta

The Royes Review

As we reflect on another busy term, it's hard to believe we've reached the halfway point of the school year. This term has had its challenges, but there's also a lot to celebrate. Our community of young people and staff has worked together to bring energy and life to our school.

This term is a reporting term at Ipswich Flexible Learning Centre, and we know how important regular feedback is for your young person's educational growth. Our report cards are crucial for keeping students, families, and carers informed about academic performance, strengths, and areas for improvement. It is also an important opportunity for young people to reflect upon their own learning throughout the term. On reviewing the reports, it has been pleasing to see so many young people express their enjoyment in the work they have completed and the goals they have achieved.

We believe report cards are more than just grades; they celebrate growth, acknowledge achievements, and identify areas for improvement. By offering clear and constructive feedback, report cards guide our young people towards their goals while encouraging reflection and self-improvement. We extend our appreciation to our dedicated staff who put in the time and effort to prepare these detailed reports. Their commitment ensures the information is accurate, meaningful, and aligned with our educational goals.

Among the many events held throughout the term, my two highlights were, firstly, our involvement in the Inala FLC Sorry Day acknowledgment and march. I felt honoured to walk in solidarity with our young people who shared their passion for justice for First Nations people. As usual, all our young people represented us proudly and with the utmost respect.

The second event I was proud to be part of was our inaugural Careers Day Expo. A huge thanks must go to our Transitions Officer, Sian Scelly, who worked tirelessly for the best part of the term, connecting with external organizations and stallholders to bring the event together. The day was an overwhelming success, and it was so good to see so many young people arrive with families and supporters, engaging in discussions with stallholders about their future.

Finally, I would like to take the opportunity to thank our Acting Head of Campus, Peta Freney, for steering us on the right path well into 2024. Peta's has brought energy and passion to the team and leaves us in good shape as the leadership of Ipswich FLC changes hands next term. We look forward to working with Peta in her Leader of Learning role across our region.

Over the next two weeks, our holiday program kicks in, and I encourage young people to take advantage of the planned activities. I hope everyone has a restful and safe holiday period.

Luke



Flexi Holiday Program

WHAT'S ON?

HOLIDAY PROGRAM - TERM 2 2024

Week 1

Tuesday 25th June

Thursday 27th June

Getting out in nature at Mt Coo-tha

Wivenhoe and surrounds adventure

Week 2

Thursday 4th July

Thursday 4th Night 5pm-8pm (limited to 10 spots)

Springfield library discovery and Circus skills session Spark festival

Term 3 2024 Important Dates

19 June	PLP Day 1
Monday 8 July	Term 3 begins
Thursday 11 July	PLP Day 2
Friday 12 July	Pupil Free Day (Staff Development TOPS Day)
Friday 2 August	Federal Census Day—Attendance Mandatory
Monday 19—Friday 23 August	IFLC Book Week
Wednesday 28 August	Wear It Purple Day
Friday 13 September	Term 3 concludes



Term 1 guess who?

Last term's fabulous program participant was none other than **Keith Halpin!**



Term 2 guess who?

Who is this fabulous staff member out on program...

Who am I?







The Young People & Staff from Ipswich Flexible Learning Centre invite you to attend our:



2024 NAIDOC CELEBRATION — Keep the Fire Burning! Blak, Loud and Proud

When: 10am—1:30pm

Thursday 8 August 2023

Where: Hardings Paddock

Carmichaels Road, Purga QLD 4306

Yuggera, Ugarapul, Jagera country

Please join us on Country for a day of Community Sharing

- Free Feed, Kup Murri
- Traditional Dancing
- Cultural Activities

- Music
- Art Workshop

Please RSVP to Corrine and Callum by 1 August on 3447 9310

This National NAIDOC Week Activity is funded by the National Indigenous Australians Agency

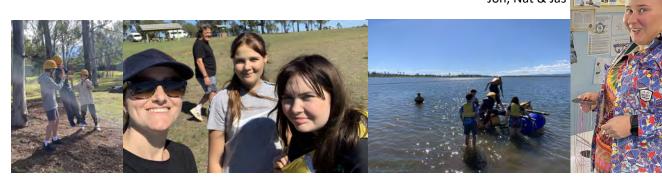


Junior Lockyer Learning Hub

We have had an amazing term with lots of fun and learning. We studied Medieval history and discovered some amazing if not alarming facts about this time in history. For example, did you know that life expectancy was only 35 years of age. We made shields, tunics and staffs and researched the heraldry involved in these. The amount of time effort and care we took with these, show what a focused and persevering group we are. We also learnt skills like carving, printing, painting, dyeing and design. We went on some amazing outings to Templin Historical Village, The Abbey Museum, Bribie Island, Jacob's Well, and the Outlook at Boonah. On one trip to Wivenhoe Dam, we built a raft together and floated off into the sunset, until it started to fall apart on us. Maybe some more work on our lashing and knot tying next term! At Boonah we completed the Mohawk Walk as a group and we showed just how far we have come in the formation of the amazing group of humans we have in Lockyer Juniors. We are finishing the term off with a medieval festival and banquet which will be a great afternoon and night for us and our carers. We look forward to a well-earned break and another exciting term after the holidays.

Jon, Nat & Jas

G Unit



Junior Elliot Learning Hub

We've had a wonderful time this term, delving into medieval history and celebrating the culmination of our learning with a creative Medieval Festival Day. Young people showcased their work from the term, including handmade shields and tunics, along with documentaries about medieval times. We enjoyed trying on armour at the Abbey Museum and learning about how heavy and awkward knights' armour was. Sailing at Moreton Bay with Blue Peter was a highlight, with each young person getting the chance to try their hand at navigating and steering the sailing boat. Math involved measurement, perimeter, and area, including an assignment where students had to design their own dream backyard. They used skills and calculations to order turf and fences for the perimeter of the property and cover their yard in grass. In the Wellbeing space we have focused on the ever important topic of how to keep safe on social media. The final outing of the term was at Bounce where the young people welcomed the new people into our space and spent time solidifying group formation.



Middle Waterford Learning Hub

It has been a sacred privilege for the Middle Hub workers: Keith, Maddi and Ella to work with the Young People this term. This term we have completed a unit of work called *'Espionage'* which harnessed themes from English, Geography and History through the lens of spies, smoke and mirrors and historical theatres of war. We analysed some movies, documentaries and historical contexts which assisted us to develop some writing and comprehension skills. We used the *'top down'*, *'displacement'* and *'complication'* writing strategies to make our passages of writing *'richer'* for readers. Additionally, in Maths we explored area, volume, perimeter, basic algebra and grid patterns. We experienced some fantastic outings: going to the beach, venturing to new parks, revisiting old ones and building positive relationships with each other over some amazing lunches that were created on humble BBQ's. A sad moment was saying goodbye to Megan our extremely loyal and very professional Middle Hub Youth Worker. While she is off to a new adventure at Centre Education Programme (another Flexi Centre), she will be missed. We welcomed a new Youth Worker called Ella. She has been a great addition to the community, and we appreciate her energy and enthusiasm. Some notable highlights were: Brodies' amazing Brodie Burger, Charlotte, Jace's and Lucas' battles during their card game 'Muffin Time', Callum giving us a Monday update of his footie success, Gracee's daily "Dad jokes" and Elleora's tireless energy for any form of sport. We look forward to working with all the Young People in Term 3 and wish everyone a happy holiday break. Don't forget that there are holiday program options for all Young People if they wish to sign up.

Keith, Maddi & Ella



Middle Xavier Learning Hub

This semester, we proudly explored the dynamic theme of 'Motion.' It has been a term full of energy, learning, and growth. Our young people have demonstrated resilience and teamwork, overcoming various amusing and challenging obstacles along the way. From leeches during our outdoor excursions to experiments and not to mention Emmo's impromptu singing sessions, Nate's riveting cowboy stories, and Chantal's ever-present 'Mumness,' our classroom has been a lively and engaging space.

We have welcomed new members and cherished the bonds with those who will continue with us for another year. Together, we have fostered a unique and safe classroom environment where everyone feels valued and included.

Throughout the term, our young people dove into the fascinating world of Motion by exploring concepts such as velocity and acceleration. Through hands-on experiments, they measured the speed of various objects and understood how motion works in different contexts. One memorable experiment involved measuring the velocity of our handmade sleds racing down hills at Limestone Park. This not only taught students about gravity and friction but also sparked lively discussions and friendly competition. The theme of motion wasn't confined to physics alone. In art, students created water colour pictures that moved with the wind, while in sport rotations, they analysed their own movements to improve their sports techniques. Math lessons included plotting graphs to represent different types of motion, helping students visually

grasp abstract concepts. Despite the challenges we faced this term, our team spirit remained unbroken. The enthusiasm and curiosity of our young people have been the driving force behind our success. As we move forward, we are excited to continue this journey of learning and discovery, knowing that each young person contributes to the vibrant vibe of our classroom. Thank you for your ongoing support and for being part of our wonderful Xavier Middle Hub community. We look forward to sharing more adventures and achievements with you pext term.





Senior Mackillop Learning Hub

Term 2 in the Senior Mackillop classroom has been incredibly busy and productive! The class has successfully completed Unit 1 of Short Course Literacy and Short Course Numeracy. The young people put in a phenomenal effort, creating social issues blogs and budgeting for large item purchases. Their resilience and perseverance in getting this done have been commendable. We are so proud of their accomplishments!

A topic of great interest has been "Safe on Socials." The young people have been actively leading discussions on how to block and report bullying and unsafe individuals on social media. We hope these lessons will stick and provide a solid foundation for online safety.

In addition to their intense schoolwork, the Seniors have stepped out of their comfort zones by participating in fun outings. This term, the hub visited White Rock, the Recycling Plant, went Ice Skating, played Tennis at Frew Park, and enjoyed Sailing!

Many of the Seniors also attended the Hub camp at Strong's Farm. For some, it was their first camping experience. We were impressed by the commitment they showed not only to the camp but to themselves and the process. A highlight of the camp was the staff vs. young people touch football game, as well as fishing and canoeing. Hopefully, this is just

the beginning of many adventures to come! Have a wonderful & safe holiday break!





Senior Jacaranda Learning Hub

This term the senior transition young people have attended many outings and conquered so many challenges. They had their first camp at Strong's Farm and it was heaps of fun. Young people played a bunch of challenge games to test their trust with one another. We also prepared and cooked all our own meals and working together to make sure everyone was fed. We also did some canoeing with Jasmine as part of their ABL program.

During our weekly outings we have travelled all around Brisbane and surrounding areas. We went to Frew Park and played tennis, hiking at White Rock and also did some Ice Skating. As well as this we visited a Recycling Plant and went to the ANZAC Memorial in Brisbane's CBD.

We finished our term with an exciting outing to Victoria Point to do some sailing. We sailed around Coochiemudlo Island and had a nice lunch on the beach. We learned how to set up the boats, how to steer, how to put up the sails and about the history of the land and water we sailed on.

In the classroom we have been working on all sorts of exciting subjects. The Science crew have been smashing out assessments on Forensic Science and conducting experiments on blood samples. The Visual Art team have been working on replicating famous art works. Our Independent Life Skills people have also been super busy and helpful in the kitchen as part of their work. We look forward to a well earned break over the holidays!

- Amanda, Kori & Jacaranda Young People



Work Experience & School Based Traineeships/Apprenticeships

Several young people have shown interest in work experience and school-based traineeships/apprenticeships. Here's how to get started:

Work Experience Steps:

- **Consult Sian:** Discuss work experience with Sian, our Transitions Officer. She will provide the necessary work experience form to be completed by the young person, work experience placement provider and parent/guardian.
- Prepare a Resume: Ensure you have a current and professional resume.
- **Find a Host Workplace:** While Sian can help with connections, young people should actively seek and approach potential workplaces.
- Unpaid Work Experience: Confirm that the host workplace understands that work experience must be unpaid.
- Confirm Job Requirement: Ensure you have all the require workwear and certificates prior to starting. This can include RSA
 Certificate, White Card, First Aid Certificate and Personal Protective Equipment like steel cap boots, hi-vi work clothes, ear
 protection and eye protection.
- Confirm Work Activities: Discuss with the host workplace what workplace activities you will be required to complete and
 what you will not be able to do. Most work placements will have you completing entry level jobs which can include filing,
 cleaning, errand running, sweeping and other menial tasks. All placements will provide constant supervision. Generally, you
 will not be on the tools, or cutting hair during your placement.
- Schedule: Work experience will be like real work. You will have a set start time and finish time. Agree on times and days with the host workplace. Note that without approval, you can only complete up to 50 days of work experience per year, excluding school holidays.
- **Breaks:** Ensure you discuss with the host workplace when breaks will occur. Due to constant supervision, you will not be able to go off site without prior approval.
- Four Principles: All young people should follow the four principles during their placement.

School-Based Apprenticeships/Traineeships Steps:

- Consult Sian: Discuss the opportunity with Sian, our Transitions Officer.
- Check Eligibility: Ensure you meet the eligibility criteria. High-risk trades have specific guidelines, e.g., to enter an electrotechnology (electrician) apprenticeship, the young person must be in Year 11 as a minimum.
- White Card Requirement: Some trades require a White Card (WHS in Construction). Ipswich FLC offers this course twice a year, with the next session in Term 4. Contact Sian to book.
- Prepare a Resume: Ensure you have a current and professional resume.
- Find a Host Workplace: While Sian can help with connections, you should actively seek and approach potential workplaces.
- Attendance: Have an 80% attendance rate at Flexi. Some programs, like those from Apprenticeships QLD, require this rate.
- Engage in Studies: Be active in English & Math classes. Most apprenticeships and Traineeships require English and Maths.
- **Transport:** Ensure reliable transportation to different job sites, especially for trade placements. Trade placements will change once the job has been completed. Be prepared to travel throughout lpswich.
- Enrol Early: Some places for next year open at the beginning of Term 3 and fill up quickly. Sign up as soon as possible. Sian will provide opening dates as they become available.
- Confirm Work Activities: Once you have a host employer, ensure to discuss with the host workplace what workplace activities you will be required to complete and what you will not be able to do. Most work placements will have you completing entry level jobs which can include filing, cleaning, errand running, sweeping and other menial tasks. All placements will provide constant supervision. Generally, you will not be on the tools, or cutting hair during the first 6 months of placement, and this could even be the first year depending on the job.
- **Schedule:** School-based apprenticeships and traineeships will be in real work environments, you are expected to work during your set working hours. You will have a set start time and finish time. Agree on times and days with the host employer.
- **Breaks:** Ensure you discuss with the host employer when breaks will occur. Due to supervision requirements, you will not be able to go off site without prior approval.
- Four Principles: All young people should follow the four principles during their placement.

For any assistance or more information, please reach out to Sian, Transitions Officer.



Senior Transitions

What a term it has been! Our young people have been incredibly busy and have achieved remarkable milestones in their transitions and workspaces. We are thrilled to announce that Dyllan, Arden, Callum, and Riccardo have completed their TAFE Taster program. This program allowed them to explore various trades and hairdressing/barbering, helping them make informed decisions for next year's courses and apprenticeships. A special shout-out to Brendon for completing his Certificate II TAFE QLD course. Their hard work and dedication have been recognised by TAFE QLD. Great work on upholding the four principles and contributing to our positive reputation.

In another exciting development, Charlotte, Lucas J, Nava, Zekai, Kaysey, Quinn, Clayton, and Desmond, along with 7 Inala FLC students, have completed the Responsible Service of Alcohol (RSA) Certificate. Additionally, Charlotte, Noah, Dyllan, Caleb, Lucas D, Bella, Danika, Johnathon, Declan, Dechlan, and Jake have earned their White Card (WHS for Construction) at Ipswich FLC. We are proud of their achievements and their dedication to their employment goals. A big applause to all the young people who have been diligently crafting their resumes and actively seeking job opportunities. Keep up the fantastic effort! Carers and stakeholders are welcome to schedule meetings to discuss transition requirements with Sian, our Skills Training and Transition Officer.

Looking ahead to Term 3, we have exciting new projects to prepare our students for the workforce, including First Aid and another round of RSA certificate courses. Term 3 will also be crucial for Year 10 students as they begin their SET Planning. This will be a great opportunity to meet with Sian, and the learning hub staff, to discuss and plan their future goals.

TAFE in School certificates will open for enrolment on Monday, 15th July. To enrol in a Certificate II, please ensure the young person has a USI, three forms of ID, and enrols early. Sian will need a copy of the ID and USI to support the enrolment process. Note that some courses fill up within the first week, so prompt action is crucial. Sian is available to assist with enrolments if needed. We are excited to support our young people on this journey and look forward to more achievements in the coming term. Stay tuned for updates!

Inclusive Education & Library Legends

Hi everyone!

It has been another busy term in the library with many young people coming in regularly to work with me in the Sounds Write program. These young people astound me with their willingness to give it a try and with how quickly they are improving. I would like to commend each and every single one of them on their efforts and I look forward to working with them next term as well.

In addition to the Sounds Write program, we have had group of young people who continue to participate in the Library Community Activity playing – The Werewolves of Millers Hollow. This social deduction game encourages the young people to use their powers of deduction and logic to work out who are the "werewolves" amongst them. This term took on a twist, as our young people have started to plan out an event where they will share the game with the rest of their classes. Whilst it was not possible to pull this together for this term, our young people agreed that next term it will happen... Just in time for Book Week.

Finally, our Book Week Competitions have been launched, so don't forget to get creative. The competitions are:

- Short story up to 2000 words max.
- Poetry no word limit
- Illustrative art this can be digital, on paper, on canvas, photographed diorama anything that might be used as an illustration in a book.

We will also be having a Costume competition on our celebration day. Have a great break and I look forward to seeing you all next term.

- Erin – The Reading Lady



Trent's Tasty Treats

Greetings from the IFLC Kitchen!

Its been a busy Term 2 for the Kitchen, with me returning from Parental leave.

We got our coffee machine up and running and started lessons with young people in the wonderful art of coffee making, just in time for our annual Careers Expo last Friday. The day was a wonderful success and we finished the day strong— making over 150 coffees for attendees - the majority of them being made by our talented young people Danika, Raya and Mikayla supported by Zach and Kori.

The Kitchen duty has continued, where we stepped back in time to visit the Medieval period with our Junior Learning Hub, feasting like the knights, dukes, lords, barons and fair maidens did of old at our Medieval night banquet. The young people stepped into their roles seamlessly and made it a night to remember for all who attended.

Stay tuned for Term 3, where exciting things are brewing in our kitchen and our young people will continue to shine!

- Chef Trent



Horses Helping Juniors



The Lockyer Junior class participated in the Horses Helping People Program during Term 2, culminating with obstacle course development/participation and a medieval photo shoot.

The Horses Helping People Program utilises a framework adapted from Equine Facilitated Learning (EFL). EFL is a process by which young people learn about themselves, other people, and their world through interactions with horses. When working with humans, horses act like a mirror – they cannot lie and they simply reflect our emotions, energy and communication, back to us. EFL teaches the importance of body language, gestures, breathing and voice, and shows how to build relationships based on trust.



Community Support Services

South West Queensland Ipswich and Lockyer Valley Regions

General support services

General support services		
Mensline Australia	1300 789 978	
Relationships Australia	1300 364 277	
Beyond Blue Info Line	1300 224 636	
Lifeline Telephone Counselling	13 11 14	
Kid's Help Line	1800 551 800	
DV Connect Womensline	1800 811 811	
DV Connect Mensline	1800 600 636	
Gambling Help Line	1800 858 858	
Parentline	1300 301 300	
Red Cross Emergency Relief	1800 733 276	
Seniors Enquiry Line	1300 135 500	
Homeless Hotline	1800 474 753	
Workplace Services		
Employment Services Information	1800 464 800	
Services Australia		
Information Services	13 24 68	
Family Assistance Office	13 61 50	
Medicare – General Enquiries	13 20 11	
Centrelink Aust. Apprenticeships	13 36 33	
Centrelink Employment Services	13 28 50	
Centrelink Older Australians Line	13 23 00	
Farmer Assistance Hotline	13 26 16	
Legal and Advocacy Services		
Legal Aid Queensland	1300 651 188	
Basic Rights Queensland	1800 358 511	
Aust. Financial Complaints Authority	1800 367 678	
Financial Counselling		
UnitingCare Financial Care Line	1800 007 007	
Consumer Advice		
Office of Fair Trading	13 74 68	
Dept. of Communities, Housing & Di	igital Economy	
General enquiries	13 74 68	
Accommodation		
Ipswich Housing Service Centre	3437 6000	

Councils

Councils		
Ipswich City Council	3810 6666	
Lockyer Valley Regional Council	1300 005 872	
Somerset Regional Council	5424 4000	
Tarping of your Home		
State Emergency Services	13 25 00	
Clean-up Assistance or Rubbis	h Collection	
Ipswich City Council	3810 6666	
Lockyer Valley Regional Council	1300 005 872	
Somerset Regional Council	5424 4000	
Insurance Council of Australia		
General Enquires	1300 728 228	
Housing and Tenancy Advice		
Residential Tenancies Authority	1300 366 311	
Tenants Qld	1300 744 263	
Homeless Persons Information Qld	1800 474 753	
Other services - Home		
Electricity Emergencies SE QLD	13 19 62	
Origin Energy, Gas	13 24 61	
Urban Utilities (water)	13 26 57	
Telstra	13 22 00	
Material Goods		
GIVIT	www.givit.org.au	
Red Cross Shop Ipswich	3281 6304	
Lifeline Superstore Ipswich	3816 9642	
Lifeline Superstore Fernvale	3816 9687	
Lifeline Laidley	5465 2449	
Salvos Store Bundamba	3282 5804	
Salvos Store Ipswich	3202 1668	
Vinnies Centre Ipswich	3812 2450	
Vinnies Fernvale	5426 7384	
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Further information is available at www.communityservices.qld.gov.au

or by phoning the Community Recovery Hotline **1800 173 349.** You can also download the free Self-Recovery app from the Apple or Android Stores.

Community Support Services continued

Employment / Income

Employment Service	13 28 50
Financial Information Service	13 23 00
Youth and Students	13 24 90
Families and Parenting	13 61 50
Child Support	13 12 72
Disability Sickness and Carers	13 27 17
Older Australians Line	13 23 00
Indigenous Services	1800 136 380

Employment Services Information

Job Services Australia	1800 805 260
Salvation Army	13 72 58
Salvation Army - Employment Plus	3813 3400
Red Cross Employment Services	3202 3176

Health Information & Advice

Queensland Health (13 HEALTH)	13 43 25 84
West Moreton Health & Hospital Service	3810 1111

24 hour Specialist Mental Health Care

Advice, Referrals, Crisis & Support	1300 642 255
Lifeline 24 hr Telephone Counselling	13 11 14
Beyond Blue	1300 224 636
Rural Aid	1300 327 624

Community Services

Booval Community Services	3816 1435
Goodna Anglican Welfare	3818 0945
Ipswich Independent Youth Service	3812 1050
Ipswich Community Aid	3810 6666
Leichhardt Community Centre	3812 1270
Riverview Community Centre	3812 2111
Rosewood Community Centre	5464 1544
Springfield Lakes Comm. Centre	3288 2292
Camira Community Centre	3818 0921
Lowood Community Centre	5426 286
Laidley Community Centre	5465 1889
Salvation Army	13 72 58

Other Services

Emergencies – Police, Fire, Ambulance	000
Crime Stoppers	1800 333 000
Elder Abuse Prevention Unit	1300 651 192
Employment Plus	13 61 23
RSPCA	3426 9999
Dept of Education & Training	1300 369 935
Coal Seam & Liquefied Natural Gas	13 24 61

Immediate Help

Ambulance, Police, Fire	000
Homeless Hotline	1800 474 753
DV Connect	1800 811 811
DVAC	3816 3000
1800 RESPECT	1800 737 732
Lifeline	13 11 14
Suicide Call Back Service	1300 659 467
StandBy - Support After Suicide	1300 727 247
Womensline	1800 811 811
Mensline	1800 600 636

QLife - LGBTQIA	1800 184 527
Kids Helpline	1800 551 800
Parent Line	1300 301 300
Family Drug Support	1300 368 186
Health Service Navigator	1300 012 710
1300 MH Call	1300 642 255
13HEALTH	13 43 25 84
Head to Health	1800 595 212
Kambu Health	3810 3000

Food Hampers & Hardship Support

MONDAY—FRIDAY

Access Community Services 1-4pm	3412 8222
Goodna Street Life	3818 1524
Laidley Community Centre 8.30am-3pm	5465 1889
Leichhardt Community Centre 9am-2pm	3812 1270
Riverview Neighbourhood House 9am-2pm	3816 2111
Rosewood Community Centre 9am-3pm	5464 1544
Salvation Army 9am-4pm	3001 6288
Gailes Community House	3879 3004
Ipswich Assist	3413 1070

Ipswich Food Barn	1 Darling St Ipswich
Riverview Community Centre	3282 3030
Redbank Plains Community Centre	0432 273 486
Riverview Neighbourhood House	3816 2111
Shiloh Church	3288 5966
Tivoli Food Co-op	0488 848 654
Vedanta Springfield Foodbank	3818 9986
Westside Community Care	3818 0921

General Support Accommodation

Churches of Christ Housing Services	3436 8900
Goodna Street Life	3818 1524
Hannah's House	3812 1395
inCommunity	3812 1199
ICYS	3812 1050

Ipswich Housing Support Centre	1800 636 390
Ipswich Regional Advocacy	3281 5409
St Vincent De Paul	3819 4104
Wesley Mission	3151 6109
Ask Izzy	askizzy.org.au

Hot Showers & Laundry

Goodna Street Life	Riverview Community Centre	Tivoli Drive In Chuwar
3818 1524	Monday - Friday 8am-4pm	Tuesday - Friday 8.30am-5.30pm
Orange Sky Laundry Queens Park Ipswich Wednesday 4.30pm-6.30pm	Salvation Army Ipswich Hot Showers 9am-3pm Wednesday, Thursday, Friday	Springfield Lakes Community Centre Wednesday 12.30pm-3pm Thursday 1pm-4.30pm Friday 1.30pm-5pm

Evening Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
Keeping the Faith Queens Park Ipswich 5pm - 7pm	Down 2 Earth Browns Park pswich 3.30pm – 5pm Helping Hands QLD Denmark Guest House 40 Waghorn St Ipswich 7pm – 9pm	Down 2 Earth Queens Park Ipswich 4.30pm – 6pm Rosies Queens Park Ipswich 4.30pm – 6.30pm Salvation Army Near Ipswich Courthouse 4.30pm – 6.30pm	Rosies Queens Park Ipswich 5pm – 7pm Shalom Warriors & Rotary Queens Park Ipswich 5pm – 7pm	Footprints in the Park Diggers Rest Goodna 5.30pm – 7.30pm Rosies St Paul's Church Ipswich 7pm – 8.30pm	Rosies St Paul's Church Ipswich 3.30pm – 5pm



Staff Contact List

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Natalie Royles	Natalie.Royles@ereafsn.edu.au	0447 084 987	Junior Lockyer Youth Worker
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Trent Hindle	Trent.Hindle@ereafsn.edu.au	3447 9310	Chef
Erin Moore	Erin.Moore@ereafsn.edu.au	3447 9310	Learning Support Officer

School Hours

Monday	9am—2pm
Tuesday	9am—2pm
Wednesday	9am—2pm
Thursday	9am—2pm
Friday	9am—12.30pm

Contact Us

Address	1 Queen Victoria Parade Ipswich QLD
Phone	07 3447 9310
Website	www.ereafsn.edu.au/lpswich-flc/







Ipswich City Council respectfully acknowledges the Traditional Owners as custodians of the land and waters we share. We pay our respects to their Elders past, present and emerging, as the keepers of the traditions, customs, cultures and stories of proud peoples.

Keep busy these winter school holidays with our Active Kids program. There are plenty of fun and free activities to keep kids active and healthy.

Our sessions are open to everyone. Most sessions have multiple activity selections to suit the ability of the child with parents/caregivers encouraged to participate.



For accessibility information and to assess suitability of an activity for your child, contact the Active and Healthy Team on (07) 3810 7173.

For further information please email activeandhealthy@ipswich.qld.gov.au

Snacks Water bottle Enclosed shoes Hat and sunscreen Anything else included in the specific activity requirements.



BOOK NOW

Book your activity via our Active Kids calendar at lpswich.qld.qov.au/activekids or through the Active and Healthy app

ACTIVITY	TIME	WHERE
MONDAY 24 JUNE -	FRIDAY 28 JUNE	
Yoga (5-9 years) ■ ▲	10.30 am – 11.00 am	Tulmur Place, 1 Nicholas Street, Ipswich
Yoga (10-15 years) ■ ▲	11.30 am – 12.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
Basketball ■ ▲	10.00 am – 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
MONDAY 24 JUNE		
Athletics ■ ▲	10.00 am - 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
Scooter Tricks	2.00 pm - 3.00 pm 3.15 pm - 4.15 pm	Bob Gibbs Park, 40-60 Springfield Parkway, Springfield
TUESDAY 25 JUNE		
Netball	9.00 am – 10.00 am	Evan Marginson Park, 6 Layard Street, Goodna
Boxing ■ ▲	10.00 am - 10.30 am 11.00 am - 11.30 am 12.00 pm - 12.30 pm 1.00 pm - 1.30 pm	Tulmur Place, 1 Nicholas Street, Ipswich
Gymnastics	10.15 am – 11.15 am	Evan Marginson Park, 6 Layard Street, Goodna
Zumba ■ ▲	10.30 am – 11.00 am 11.30 am – 12.00 pm 12.30 pm – 1.00 pm 1.30 pm – 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
Tee Ball	11.30 am - 12.30 pm	Evan Marginson Park, 6 Layard Street, Goodna

■ Self-paced ▲ Accessible

Play On activation at Tulmur Place

Activities and locations vary in accessibility. Please contact council to discuss suitability.

Self-paced refers to numerous activities where a child can progress at their own pace and according to their individual abilities.





TIME WHERE

WEDNESDAY 26 JUNE		
Silent Disco	10.00 am - 2.00 pm	Tulmur Place,
		1 Nicholas Street, Ipswich

THURSDAY 27 JUNE		
Boxing ■ ▲	10.00 am – 10.30 am 11.00 am – 11.30 am 12.00 pm – 12.30 pm 1.00 pm – 1.30 pm	Tulmur Place, 1 Nicholas Street, Ipswich
Soccer 🛕	10.00 am - 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
Zumba ■ ▲	10.30 am – 11.00 am 11.30 am – 12.00 pm 12.30 pm – 1.00 pm 1.30 pm – 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich

FRIDAY 28 JUNE		
Tee Ball	9.00 am - 10.00 am	Tofa Mamao A Samoa Park, 27 Kruger Parade, Redbank
Bootcamp	10.00 am - 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
Volleyball	10.15 am – 11.15 am	Tofa Mamao A Samoa Park, 27 Kruger Parade, Redbank
Gymnastics	11.30 am - 12.30 pm	Tofa Mamao A Samoa Park, 27 Kruger Parade, Redbank

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Play On activation at Tulmur Place

Activities and locations vary in accessibility. Please contact council to discuss suitability.

Self-paced refers to numerous activities where a child can progress at their own pace and according to their individual abilities.





	WHERE	TIME	ACTIVITY
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MONDAY 1 JULY		
AFL	9.00 am - 10.00 am	Bill Patterson Oval, Limestone Park, 42A Chermside Road, Ipswich
Learn 2 Skate	9.00 am – 10.00 am 10.00 am – 11.00 am	Bundamba Skate Park, 256 Brisbane Road, Bundamba
Athletics	10.15 am - 11.15 am	Bill Patterson Oval, Limestone Park, 42A Chermside Road, Ipswich
NRL	11.30 am - 12.30 pm	Bill Patterson Oval, Limestone Park, 42A Chermside Road, Ipswich

TUESDAY 2 JULY		
ALL ABILITIES MULTISPORTS		
All Abilities Netball/Basketball	9.00 am - 10.00 am	YMCA Springfield Central Community Centre, 134A Parkland Drive, Springfield Central
All Abilities Gymnastics	10.15 am – 11.15 am	YMCA Springfield Central Community Centre, 134A Parkland Drive, Springfield Central
All Abilities Tee Ball	11.30 am – 12.30 pm	YMCA Springfield Central Community Centre, 134A Parkland Drive, Springfield Central
Rugby Union	10.00 am - 11.00 am	Silver Jubilee Park, 7002 Russell Luhrs Way, Spring Mountain

WEDNESDAY 3 JULY		
Cricket	9.00 am - 10.00 am	Sutton Park, 61 Workshops Street, Brassall
Rugby Union	10.00 am - 11.00 am	Anzac Park, 1 Mill Street, Rosewood
Soccer	10.15 am – 11.15 am	Sutton Park, 61 Workshops Street, Brassall
AFL	11.30 am - 12.30 pm	Sutton Park, 61 Workshops Street, Brassall

■ Self-paced ▲ Accessible Quiet Zone

Activities and locations vary in accessibility. Please contact council to discuss suitability.

Self-paced refers to numerous activities where a child can progress at their own pace and according to their individual abilities.





ACTIVITY	TIME	WHERE
THURSDAY 4 JULY		
Soccer	9.00 am - 10.00 am	Stallard Park, 16 Helmsley Court, Yamanto
Cricket	10.15 am - 11.15 am	Stallard Park, 16 Helmsley Court, Yamanto
NRL	11.30 am - 12.30 pm	Stallard Park, 16 Helmsley Court, Yamanto
FRIDAY 5 JULY		
FRIDAT 5 30ET		
Learn 2 Ride: Remove Training Wheels	9.00 am - 10.00 am 10.00 am - 11.00 am	Redbank Plains Skate Park, 266 Henty Drive, Redbank Plains
Netball	9.00 am - 10.00 am	Atlantic Drive Sporting Complex, Lot 1, Summit Drive, Springfield Lakes
Rugby Union	10.00 am - 11.00 am	Woodend Park, Woodend Road, Woodend
Volleyball	10.15 am – 11.15 am	Atlantic Drive Sporting Complex, Lot 1, Summit Drive, Springfield Lakes
Learn 2 Ride: Basic Bike Skills	11.00 am - 12.00 pm	Redbank Plains Skate Park, 266 Henty Drive, Redbank Plains
Gymnastics	11.30 am - 12.30 pm	Atlantic Drive Sporting Complex, Lot 1, Summit Drive, Springfield Lakes
Freestyle BMX Skills	2.00 pm - 3.00 pm	Redbank Plains Skate Park,

ACTIVITY

Activities and locations vary in accessibility. Please contact council to discuss suitability.

▲ Accessible

266 Henty Drive, Redbank Plains

Quiet Zone

Self-paced refers to numerous activities where a child can progress at their own pace and according to their individual abilities.



3.00 pm - 4.00 pm

■ Self-paced



ALL ABILITIES MULTISPORTS DAY

Age: 5+ | FREE

This is an inclusive event that provides an opportunity for everyone to get involved with physical activity. Activities will be modified to suit the ability of the child and their needs. A quiet zone will also be available on the day.

ALL ABILITIES NETBALL/ BASKETBALL

Tuesday 2 July

- YMCA Springfield Central Community Centre, 134A Parkland Drive, Springfield Central

ALL ABILITIES GYMNASTICS

Tuesday 2 July

- YMCA Springfield Central Community Centre, 134A Parkland Drive, Springfield Central

ALL ABILITIES TEE BALL

Tuesday 2 July

- YMCA Springfield Central Community Centre, 134A Parkland Drive, Springfield Central



AFL

Age: 5+ | Cost: FREE

Provides an introduction to the game of AFL. Develop fundamental skills like kicking, passing and bouncing the ball. Skills will be developed through a series of fun activities and short games.

Monday 1 July

9.00 am - 10.00 am

Bill Patterson Oval, Limestone Park, 42A Chermside Road, Ipswich

Wednesday 3 July

⊙ 11.30 am - 12.30 pm

Sutton Park,61 Workshops Street, Brassall

ATHLETICS

Age: 5+ | Cost: FREE

Practice your throwing, running and jumping techniques in this super fun athletics session!

A great all-rounder session for those of all abilities.

Monday 24 June

Tulmur Place,1 Nicholas Street, Ipswich

Monday 1 July

Bill Patterson Oval, Limestone Park,42A Chermside Road, Ipswich

*This session offers a self-paced experience with a wide range of activities catering to various skill levels.

BASKETBALL

Age: 5+ | Cost: FREE

Dribble, shoot and score in this action-packed basketball session! Improve your ball-handling skills, work on your shooting technique and learn teamwork strategies.

Monday 24 June - Friday 28 June

Tulmur Place,1 Nicholas Street, Ipswich

BOOTCAMP

Age: 5+ | Cost: FREE

Work up a sweat as you move your body through a vigorous and high-energy class. Sessions will be 15 minutes in length.

Friday 28 June

10.00 am - 2.00 pm15-minute sessions

Tulmur Place,
 1 Nicholas Street, Ipswich



*This session offers a self-paced experience with a wide range of activities catering to various skill levels.



PLAY

BOXING

Age: 5+ | Cost: FREE

Our fun kids boxing exercise program combines fitness, coordination and self-confidence. In each session, uouna participants will learn real boxing techniques like punches, slips, rolls and footwork.

Tuesday 25 June

- Ø 12.00 pm − 12.30 pm
- **⊙** 1.00 pm 1.30 pm
- Tulmur Place. 1 Nicholas Street, Ipswich

Thursday 27 June



CRICKET

Age: 5+ | Cost: FREE

This session teaches kids the fundamental rules of cricket while also developing their skills in catching, holding a cricket bat and hitting the ball, throwing accuracy and general teamwork skills.

Wednesday 3 July

- 9.00 am 10.00 am
- Sutton Park, 61 Workshops Street, Brassall

Thursday 4 July

- Stallard Park, 16 Helmsley Court, Yamanto



GYMNASTICS

Age: 5+ | Cost: FREE

This activity provides an introduction to Gymnastics! Build balance, strength, flexibility, agility, coordination, dedication and endurance in this funfilled session.

Tuesday 25 June

3 10.15 am - 11.15 am

Evan Marginson Park, 6 Layard Street, Goodna

Friday 28 June

11.30 am - 12.30 pm

Tofa Mamao A Samoa Park, 27 Kruger Parade, Redbank

Friday 5 July

• Atlantic Drive Sporting Complex, Lot 1, Summit Drive, Springfield Lakes

*This session offers a self-paced experience with a wide range of activities catering to various skill levels.

NETBALL

Age: 5+ | Cost: FREE

Get ready to pass, pivot and shoot your way through this dynamic netball session. Learn passing, shooting and teamwork skills to enhance your skills on the court!

Tuesday 25 June

9.00 am - 10.00 am

Evan Marginson Park, 6 Layard Street, Goodna

Friday 5 July

9.00 am − 10.00 am

Atlantic Drive Sporting Complex, Lot 1, Summit Drive, Springfield Lakes

NRL

Age: 5+ | Cost: FREE

An introduction to the game of NRL which helps to develop fundamental skills like kicking, passing and running backwards. The skills will be developed through a series of fun activities. No tackling is involved in this activity.



Bill Patterson Oval, Limestone Park, 42A Chermside Road, Ipswich

Thursday 4 July

⊙ 11.30 am - 12.30 pm

Stallard Park, 16 Helmsley Court, Yamanto



RUGBY UNION

Age: School-aged | Cost: FREE

These sessions teach kids the basics of rugby union while also teaching them about the benefits of a healthy and active lifestyle which is promoted throughout the sessions along with rugby's key values of teamwork, fairness and respect.

Tuesday 2 July

Silver Jubilee Park, 7002 Russell Luhrs Way, Spring Mountain

Wednesday 3 July

Anzac Park,1 Mill Street, Rosewood

Friday 5 July

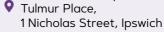
Woodend Park, Woodend Road, Woodend

SILENT DISCO

Age: 5+ | Cost: FREE

Experience a dance revolution. Get the family and join in on a world of rhythm and fun. With wireless headphones and boundless energy, get ready for a noiseless adventure that'll have everyone dancing their hearts out.

Wednesday 26 June





SOCCER

Age: 5+ | Cost: FREE

Emulate your soccer heroes by learning some tricky soccer skills! Children will develop coordination and balance, whilst practising ball skills such as kicking, dribbling and shooting. Fun for all ages!

Thursday 27 June

Tulmur Place,1 Nicholas Street, Ipswich



Wednesday 3 July

Sutton Park,61 Workshops Street, Brassall

Thursday 4 July

9.00 am - 10.00 am

Stallard Park,
16 Helmsley Court, Yamanto

TEE BALL

Age: 5+ | Cost: FREE

Tee Ball is a great game to help develop hand/eye coordination. Children will have fun learning how to bat, run to bases, catch a ball and use different throwing techniques. A great introduction to team sports.

Tuesday 25 June

Evan Marginson Park,6 Layard Street, Goodna

Friday 28 June

9.00 am - 10.00 am

Tofa Mamao A Samoa Park, 27 Kruger Parade, Redbank

VOLLEYBALL

Age: 5+ | Cost: FREE

Dig, set and spike your way through our newest Active Kids addition: volleyball. Improve your serving, bumping and net play skills while having a blast!

Friday 28 June

⊙ 10.15 am - 11.15 am

Tofa Mamao A Samoa Park, 27 Kruger Parade, Redbank

Friday 5 July

 Atlantic Drive Sporting Complex, Lot 1, Summit Drive, Springfield Lakes

YOGA

Age: 5+ | Cost: FREE

Breathe, stretch and restore your way into the school holidays with children's, tween's and teen's yoga.

Monday 24 June - Friday 28 June

Tulmur Place,1 Nicholas Street, Ipswich

Children's yoga

5-9 years

Tween's and teen's yoga

10-17 years



ZUMBA

Age: 5+ | Cost: FREE

Join this Latin-inspired Zumba session during the school holidays! You'll learn how to break down steps used in Zumba Latin rhythms to move to a particular beat. Don't worry if you're unfamiliar with salsa moves, this class will be simple, slow and super fun!

Tuesday 25 June

- Tulmur Place,1 Nicholas Street, Ipswich

Thursday 27 June

- ⊙ 10.30 am 11.00 am
- ⊙ 12.30 pm 1.00 pm
- ⊙ 1.30 pm 2.00 pm
- Tulmur Place,1 Nicholas Street, Ipswich





LEARN 2 RIDE

LEARN 2 RIDE: REMOVE TRAINING WHEELS

Age: 5-11 years | Cost: FREE

Join us for a transformative session where our friendly instructor will guide your child from training wheels to the joy of two-wheel riding. Learn tips on how to keep them motivated.

Bring a roadworthy bike, helmet and water bottle. Remove the training wheels and adjust the seat height so your feet touch the ground. Parents/guardians must assist their child during the session.

Friday 5 July



LEARN 2 RIDE: BASIC BIKE SKILLS

Age: 5-11 years | Cost: FREE

This course is designed for young riders already comfortable on two wheels. Through engaging games and activities, your child will develop the skills for off-road adventures and bikeway enjoyment.

Bring a roadworthy bike, helmet and water bottle. Remove the training wheels and adjust the seat height for flat-footed stability. Parents/guardians must remain onsite but are not required to participate in the session.

Friday 5 July

11.00 am - 12.00 pm

Redbank Plains Skate Park,
 266 Henty Drive, Redbank Plains

LEARN 2 SKATE

Age: 5+ | Cost: FREE

For young skateboarders aiming to build confidence, our sessions are designed to impart essential skills for mastering the board. Led by experienced coaches, these sessions provide expert guidance to help participants develop their skateboarding abilities.

All equipment is supplied, including helmets. You are welcome to bring your own if preferred.

Monday 1 July

9.00 am - 10.00 am

Bundamba Skate Park,
 256 Brisbane Road, Bundamba

WORKSHOPS

SCOOTER TRICKS

Age: 5+ | Cost: FREE

Take your scooter skills to the next level. This session will cover scooter safety, skate park etiquette, aerial and balance tricks and more. Participants of all abilities will be able to learn something new. All participants will receive free grip tape and stickers for their scooters.

BYO Helmet and non-folding two wheeled scooter suitable for skate park use. Spares available upon request.

Monday 24 June

- ⊙ 2.00 pm 3.00 pm
- ⊙ 3.15 pm 4.15 pm
- Bob Gibbs Park, 40-60 Springfield Parkway, Springfield

FREESTYLE BMX SKILLS

Age: 6-17 years | Cost: FREE

Geared for every skill level, this session aims to boost your confidence while offering insights and techniques for safe and enjoyable BMX riding.

Kids aged 6-15 years must be accompanied by an adult. Bring your own BMX bike, helmet, closed-toe shoes and water bottle.

Friday 5 July

- ② 2.00 pm − 3.00 pm
- ② 3.00 pm 4.00 pm
- Redbank Plains Skate Park,266 Henty Drive, Redbank Plains



24-28 JUNE Tulmur Place

10.00 am - 2.00 pm

The first week of the Active Kids school holiday program is delivered in partnership with the Play On activation at Tulmur Place.

NICHOLAS T



ACTIVE AND HEALTHY

THE APP

Ipswich.qld.gov.au/activehealthy









Ipswich City Council PO Box 191, Ipswich QLD 4305, Australia

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